#### **EVENT SCHEDULE AND RULES**

THEME: - "Celebrating -DASHAVATAR OF LORD VISHNU"

The schools can select any 1 of the following Avatar of Lord Vishnu.

Avatar of Lord Vishnu are as follow: - Matsya, Kurma, Varaha, Narsimha, Vamana, Parashurama, Rama, Krishna, Buddha, Kalki .

\*NOTE: All the participants should report **1 hour prior** to the event time, if late their participation would not be considered. All the rules should be strictly obeyed and all participating students should carry their ID cards and adhaar card at all times. The school would not be responsible for disqualification of participants for non-obedience of rules. All the Participants should be responsible for their belongings. School will not be responsible for loss of personal belongings.

No	EVENT NAME	TOPICS AND RULES
1.	SCIENCE & ART EXHIBITION  19 <sup>th</sup> , 20 <sup>th</sup> , 21 <sup>st</sup> December 2025  Friday: 4.00pm- 6.00pm  Saturday and Sunday:  10.00am- 1.00 pm and  4.30 pm - 6.00pm	Only 1 exhibit from Science and Art each, per school. Group members should include <b>only 2 students</b> for presenting the project. Participating students should submit their project in our school on <b>18</b> <sup>th</sup> <b>Dec 2025 by 12.00 pm</b> .
2.	SINGING COMPETITION (SOLO FOR SCHOOL AND OPEN CATEGORY)  19th Dec 2025, Friday  Time: 5.00 pm onwards  Participants should report at 4.00 pm	2 students from each age group Under 12, Under 14 & Under 16 years can participate per School. Time limit: 3 minutes per performance. The song selection should coincide to the theme "Celebrating - DASHAVATAR OF LORD VISHNU" Any remix songs or songs not as per the theme will be disqualified. Participants should compulsorily use musical instrument or else get their own Karaoke track in a pen drive, name tagged with the school name and age group. No mobile phones will be accepted to play music. Rules remain the same for Open Category as well.
3.	SINGING COMPETITION (GROUP FOR SCHOOL AND OPEN CATEGORY) 19th Dec 2025, Friday Time: 5.00 pm onwards Participants should report at 4.00 pm	1 group from each age group Under 12, Under 14 & Under 16 years having min 8 & max 15 members can participate per School. Time limit 3 minutes per performance. Music or songs selection should coincide to the theme "Celebrating - DASHAVATAR OF LORD VISHNU" Any remix songs or songs not as per the theme will be disqualified. Participants should compulsorily use musical instrument or else get their own Karaoke in a pen drive. (Online songs / music will not be played.) No mobile phones will be accepted to play music.  Rules remain the same for Open Category as well.
4.	FANCY DRESS COMPETITION (SOLO) 19th Dec 2025, Friday Time: 5.00 pm onwards Participants should report at 4.00 pm	2 students from each age group Under 10 & Under 12, can participate per School. Time limit 1 minute per performance. No dialogues necessary. The Dress / Attire should be related to the Theme – "Celebrating - DASHAVATAR OF LORD VISHNU"

5.	KARATE  20th Dec 2025 Saturday  Time: 8.00am to 1.00 pm  Participants should report at 7:30 am	2 students from each age group Under 10, Under 12, Under 14 & Under 16 years (Girls), Under 10, Under 12, Under 14 & Under 16 years (Boys) can participate per School. Participating students should compulsorily wear the whole karate uniform without which the student would not be allowed to participate.
6.	CARROM (SOLO) 20 <sup>th</sup> Dec 2025 Saturday Time: 8.00 am to 1.00 pm Participants should report at 7.30 am	2 GIRLS & 2 BOYS from each age group Under 12, Under 14 & Under 16 can participate per School. Participants should carry their own striker. Participating students should compulsorily wear their SCHOOL uniform without which the student would not be allowed to participate.
7.	MEHENDI COMPETITION  20 <sup>th</sup> Dec 2025 Saturday  Time: 4.00 pm to 5:00 pm  Participants should report at 3.30 pm	2 students from each age group Under 12, Under 14, and Under 16 years can participate per School. Participating students should carry their own Mehendi cones and bring a partner along.
8.	SOLO DANCE COMPETITION (FOR SCHOOL AND OPEN CATEGORY) 20th Dec 2025 Saturday Time: 5.00 pm onwards Participants should report at 4.00 pm	2 students each from each age group Under 12, Under 14 & Under 16 years can participate per School.  Time limit 3 minutes per performance. The song selection & Dance should coincide to the theme "Celebrating - DASHAVATAR OF LORD VISHNU" Any remix songs or songs not as per the theme will be disqualified. Participant should carry their own CD/ DVD/ Pen Drive having only one song of the performance, with the song name and School name written on it. Theme - "Celebrating DASHAVATAR OF LORD VISHNU" No mobile phone will be allowed for playing songs. Rules remain the same for Open Category as well.
9.	GROUP DANCE COMPETITION (FOR SCHOOL AND OPEN CATEGORY) 20th Dec 2025 Saturday Time: 5.00 pm onwards Participants should report at 4.00 pm	1 group each from each age group Under 12, Under 14 & Under 16 years having min 8 & max 15 members can participate per School. Time limit 5 to 8 minutes per performance. The song selection & Dance should coincide to the theme "Celebrating - DASHAVATAR OF LORD VISHNU" Any remix songs or songs not as per the theme will be disqualified. Each group should carry their own CD/DVD/Pen Drive having only the one song of the performance, with the song name and School name written on it.  Theme - "Celebrating - DASHAVATAR OF LORD VISHNU" Rules remain the same for Open Category as well.
10.	<b>KABADDI</b> 20 <sup>th</sup> Dec 2025 Saturday Time: 7.00 am to 1.00 pm Participants should report at 6:30 am	1 teams each from each age group Under 12, Under 14 & Under 16 GIRLS & Under 12, Under 14 & Under 16 BOYS can participate per School. It is mandatory to get the participants weight check done while submitting the forms. Participant should be available on the given schedule for the weight check.  If any category does not match the "Minimum Teams Criteria" that particular category can be cancelled by the Udaan Management Committee on the final day itself. On

Udaan Management Committee on the final day itself. On

		the day of weight checking their will be a group photo and on the final day of match if any player is missing or replaced the team will be disqualified.  Participating students should compulsorily wear their P.T. uniform [shirt/ T-shirt] without which the student would not be allowed to participate.
11.	FOOTBALL  20 <sup>th</sup> Dec 2025 Saturday  Time: 7.00 am to 1.00 pm  Participants should report at 6:30 am	1 team from each age group Under 12, Under 14 & Under 16 GIRLS, Under 12, Under 14 & Under 16 BOYS can participate per school.  If any category does not match the "Minimum Teams Criteria" that particular category can be cancelled by the Udaan Management Committee on the final day itself.  Participating students should compulsorily wear their P.T. uniform [shirt / t-shirt] and football shoes without which the student would not be allowed to participate.
12.	KHO – KHO 21st Dec 2025 Sunday Time: 7.00 am to 1.00 pm Participants should report at 6:30 am	1 team from each age group Under 12, Under 14 & Under 16 GIRLS, Under 12, Under 14 & Under 16 BOYS can participate per school.  If any category does not match the "Minimum Teams Criteria" that particular category can be cancelled by the Udaan Management Committee on the final day itself.  Participating students should compulsorily wear their P.T. uniform [shirt / t-shirt] without which the student would not be allowed to participate.
13.	CHESS 21st Dec 2025 Sunday Time: 8.00 am to 1.00 pm Participants should report at 7:30 am	2 Girls & 2 boys from each age group Under 12, Under 14 & Under 16 years can participate per School.  Students can get their own chess boards if available.  Participating students should compulsorily wear their SCHOOL uniform & Id Card without which the student would not be allowed to participate.
14.	BOX CRICKET  21st Dec 2025 Sunday  Time: 7.00 am to 1.00 pm  Participants should report at 6:30 am	1 team from each age group Under 12, Under 14 & Under 16 GIRLS, Under 12, Under 14 & Under 16 BOYS can participate per school.  If any category does not match the "Minimum Teams Criteria" that particular category can be cancelled by the Udaan Management Committee on the final day itself.  Participating students should compulsorily wear their P.T. uniform [shirt / t-shirt] and shoes without which the student would not be allowed to participate.
15.	PRIZE DISTRIBUTION 21st Dec 2025 Sunday Time: 5.00 pm onwards	All participants should report for the prize distribution ceremony.

#### (1) Rules and Ground Measurement for Kabaddi

Age Group	Ground Measurement	Weight Group	
Under 14 – Boys	$11 \times 8$ meter	Under 51 Kg	
Under 14 – Girls	$11 \times 8$ meter	Under 48 Kg	
Under 16 – Boys	$12 \times 8$ meter	Under 57 Kg	
Under 16– Girls	$12 \times 8$ meter	Under 53 Kg	

# (2) Rules and Ground Measurement for Kho - Kho

Age Group	<b>Ground Measurement</b>		
Under 14 – Boys	$26 \times 16$ meter		
Under 14 – Girls	$26 \times 16$ meter		
Under 16 – Boys	$26 \times 16$ meter		
Under 16– Girls	26 × 16 meter		

# (3) Rules & Ground Measurement for Football:-

- **Teams:** Each team has a maximum of five players, including one goalkeeper, with substitutes available.
- No Offside: Unlike traditional football, there is no offside rule in 5-a-side football.
- **Penalty Area:** The penalty area is a semi- circular zone. Only the goalkeeper is allowed to use their hands within this area.
- Circular Zone: Only the goalkeeper is allowed to use their hands within this area.
- **Back-Pass Rule:** A common rule is the back-pass rule, where a goalkeeper cannot receive a pass from a teammate and then directly pass it back.
- Fouls & Cards: Yellow and red cards are used similarly to 11-a-side football.
- Out of Bounds: There are no out-of-bounds or throw-ins; the ball typically stays in play, often using surrounding walls.

# Measurements:-

- **Pitch Dimensions:** While dimensions can vary, a common pitch size is 40 meters long and 20 meters wide. Other sources cite a range between 30-35 meters long and 18-20 meters wide.
- **Goals:** Goals are significantly smaller than in traditional football. For instance, in 5-a-side football for blind and partially sighted players, goals are 3.65 meters wide by 2.1 meters high.
- **Equipment:** The ball is a size 4 or 5, depending on the league, designed for controlled bounce. Players should compulsorily wear footwear gears suitable for the artificial turf, such as moulded studs or trainers without which entry will not be permitted.

# (4) Rules & Ground Measurement for Box Cricket:-

- **Teams:** Each team have 6 to 8 player in a team.
- Peach batting pitch there will be half white line which is considered for no ball if the bowler will ball below the line it will consider no ball if bowler will put above the line the ball will be declared a proper ball.
- There will be no wide and no ball in the box tournament. 6 & 4 runs will be there.
- This box tournament will be of 3 overs per team.

#### Measurements:-

50 x 25 feet maximum box cricket turf ground measurement

Note: - If the school requires more than one form for Individual or Group or Open Category they can either take a Xerox of the form or visit our school to get an extra copy of the form.



PARTICIPATION FORM						
STUDENT NAME:						
DATE OF BIRTH:	GENDER:	MAL	E  FEMALE			
SCHOOL NAME & ADD						
		STD		G.R. N.O		
Student ID No		SCHOOL	PHO	NE NO		
Theme - "Celebrating DASHAV	ATAR OF LOR	D VISHNU."				
AGE GROUP	GENDER	EVENT				
UNDER 10 YEARS (Birth After 01-01-2015 till 01-	м□ г□	KARATE		FANCY DRESS		
12-2022)		NAIVA I Z		TANOT BREES	<b>-</b>	
UNDER 12 YEARS	м 🗆 ғ 🗆	ART EXHIBIT		SCIENCE EXHIBIT	г 🗆	
(Birth After 01-01-2013)		SINGING (GROUP)		SINGING (SOLO)		
		DANCE (GROUP)		DANCE (SOLO)		
		KARATE		` ,		
		CHESS		кно -кно		
		KABADDI		MEHENDI	$\Box$	
		FANCY DRESS		FOOTBALL	$\overline{\Box}$	
		BOX CRICKET		TOOTBALL		
UNDER 14 YEARS	M D F D	ART EXHIBIT	$\exists$	SCIENCE EXHIBIT	- 🗆	
(Birth After 01-01-2011)			=			
		SINGING (GROUP)	Η	SINGING (SOLO)		
		DANCE (GROUP)		DANCE (SOLO)		
		MEHENDI		KARATE		
		CARROM	님	CHESS		
		кно-кно	$\sqcup$	KABADDI		
		FOOTBALL	Ш	BOX CRICKET	<u> </u>	
UNDER 16 YEARS	м 🗆 ғ 🗆	ART EXHIBIT		SCIENCE EXHIBIT		
(Birth From 01-01-2009 to 31- 12 - 2010)		SINGING (GROUP)		SINGING (SOLO)		
12 - 2010)		DANCE (GROUP)		DANCE (SOLO)		
		KARATE		CARROM		
		CHESS		кно-кно		
		KABADDI		MEHENDI		
		FOOTBALL		BOX CRICKET		

**NOTE**: To participate in various competitions, students will have to fill the complete form and  $\square$  tick at the appropriate box as per event and age group. For all competitions students have to mention the students ID no., name of the group event, full name, birth date & age of each member participating & fill in the form given behind. Participants should carry their school ID CARD and ADHAAR CARD or else they shall be disqualified. 1 copy of each school ID Card & Adhaar Card to be attached.

I/ We declare that the above mentioned information is true as per the School record and we shall be solely responsible for sending the students to participate in the above mentioned competition. I/ We oblige to follow all rules and regulations of the above mentioned competition.



Name of the Group Competition:	
Age Group:	
Sports Teacher Contact No:	

NO.	STUDENTS NAME	STUDENT ID NO.	BIRTH DATE	AGE (IN YRS.)
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13				
14				
15				

I/ We declare that the above mentioned information is true as per the School record and we shall be solely responsible for sending the students to participate in the above mentioned competition. I/ We oblige to follow all rules and regulations of the above mentioned competition.

Note: 1 copy of each school ID card and ADHAAR card to be attached.

**Teachers Sign** 

**Principals Sign & Stamp** 

#### **PARTICIPATION FORM OPEN CATEGORY**

NAME OF THE PARTICIPANT:						
			(MIDDLE NAME)	(	(SURNAME)	
CONTACT NO.:			_ AGE:	GEND	ER: M 🗆 F 🗆	
ADDRES:						
CONTEST NAME:	$\square$ solo singing	☐ GROU	P SINGING			
	$\square$ SOLO DANCE	☐ GROU	P DANCE			
NAME OF THE SO	DLO OR GROUP COMP	ETITION:				
NO.	NAME				AGE (IN YRS.)	
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						

NOTE: Tick the appropriate box. The topic for music, dance should be related to the THEME - "Celebrating - DASHAVATAR OF LORD VISHNU." Limited entries, preference will be given to contestant registering at the earliest; last date for registration is 30/11/2025. The contest is for Parents, Teachers and College Students. The TEACHERS should carry their valid SCHOOL ID CARD and PARENTS should carry their ADHAAR CARD and their child's SCHOOL ID CARD and COLLEGE STUDENTS should carry their COLLEGE ID CARD. For Registration parents, teachers & college students have to fill the forms and submit it in our school by 30/11/2025 by 12.00 pm. Online forms can be filled on our school's website www.rajivgandhividyalay.com/udaan\_part.php. For further details you can contact 8793023681.

I/ We declare that the above mentioned information is true. I/ We oblige to follow all rules and regulations of the above mentioned competition.